

Working in Concert to Create a Whole School, Whole Community, Whole Child Culture...

READY. SET.

Share Successes Promote Initiatives Advocate for Change Connect with Community Partners



The School District of Palm Beach County, Florida

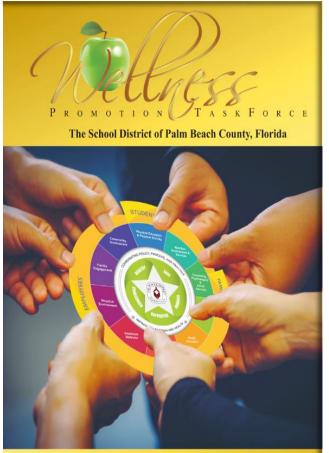
Keysto Wellness 🖞

Wellness Promotion Task Force

October 3, 2019



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READY. SET.

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Welcome & Pledge of Allegiance

Allison Monbleau School Food Service Director

MORE OF Everything you Want for Your Child









Special Guests...

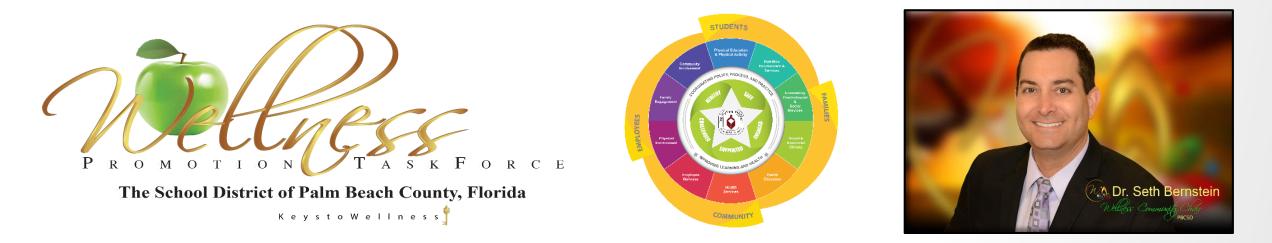
Wanda F. Paul Chief Operating Officer June Eassa Assistant Superintendent for Student Wellness Erica Whitfield School Board Member – District 4



Gentle Giant VIDEO

MORE OF Everything you Want for Your Child





Dr. Seth B. Bernstein, WPTF Community Chair

Purpose: To create an educational forum that allows students, staff, parents, community partners, and members of the public to successfully collaborate in the promotion of healthier lives. With the District's ultimate goal of improving student performance, the direction of the Wellness Promotion Task Force is to encourage a proactive approach to holistically address the health, wellness, and safety of all school children and staff.







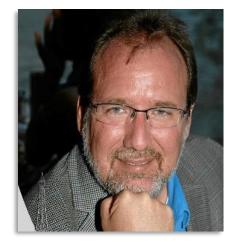
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Share Successes Promote Initiatives Advocate for Change Connect with Community Partners









Welcoming Ritual

Connecting Activity...

Wellness Collaboration version of the Password Game

Eric Stern

K-12 - Physical, Health, and Driver Education Administrator

William P. Stewart

Health Education Specialist





Whole Grain Gardens Sleep Cardiovascular Diabetes Obesity Vegetables

Health Fairs





Fruits **Donating Blood** Exercise Cholesterol Glucose Diet Nutrition

Deep Breathing





Swimming Jumping Sky Diving **Bobsledding** Fishing Driving **Piano Playing** Surfing





Skiing Hiking Snorkeling Running Catching Dancing **Guitar Playing** Jump Roping

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Wellness Promotion Updates...



Paula Triana

Wellness Promotion Manager





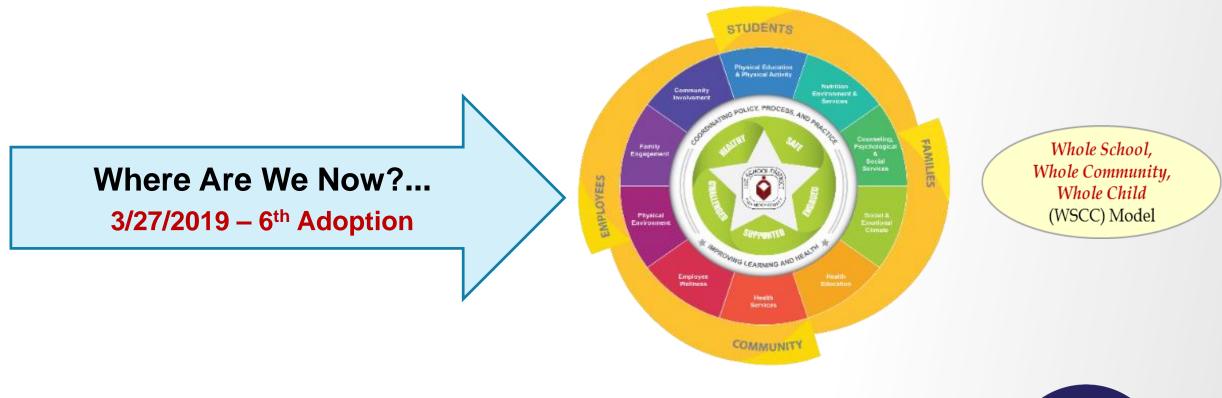
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Wellness Promotion Policy 2.035 STUDENTS **District's Strategic Themes** 0 COMMUNITY Effective & Positive & **Talent** Relevant **High-Performance** Supportive Development Instruction to Meet Culture Whole School, School Climate the Needs of All Whole Community, Students Whole Child (WSCC) Model Ensure a safe and supportive school climate that promotes the social/emotional and academic development of all students **MORE OF** Secure parent and community partnerships to support the **EVERYTHING YOU** academic and social/emotional development of all students WANT FOR YOUR CHILD PALM BEACH COUNTY SCHOOLS Your BEST Choice! High-performing A-rated District

Wellness Promotion Policy 2.035



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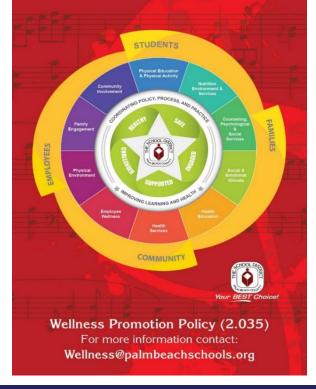
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The School District of Palm Beach County

Working in Concert to Create a

Whole School, Whole Community, Whole Child Culture...

A Symphony of Services Improving Learning and Health



WPP Communication



Contacts:

TO:

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paula.triana@palmbeachschools.org Allison Monbleau, PX 52021

allison.monbleau@palmbeachschools.org

THE SCHOOL DISTRICT OF PALM BEACH COUNTY, FL

3661 INTERSTATE PARK ROAD NORTH, SUITE 100

PHONE: 561-383-2000 / FAX: 561-383-2043

SCHOOL FOOD SERVICE

RIVIERA BEACH, FL 33404

WWW.PALMBEACHSCHOOLS.ORG/SFS

ALLISON MONBLEAU DIRECTOR

NBLEAU WANDA F. CHIEF OPER/

WANDA F. PAUL, M.ED., MBA CHIEF OPERATING OFFICER



Action B

Action By: Information Only

Regional Superintendents, Instructional Superintendents, Principals, Assistant Principals and Directors

May 28, 2019 Bulletin #PD 19-277 COO

FROM: Wanda F. Paul, M.Ed., MBA, Chief Operating Officer

SUBJECT: DISTRICT'S ADOPTED WELLNESS PROMOTION POLICY (2.035) AND WSCC MODEL

The District's *Wellness Promotion Policy* (2.035) was revised and recently adopted by the School Board on March 27, 2019. The policy revisions were made to update changes needed in order to remain compliant and fulfill the requirement under <u>Public Law 111-296</u> (42 U. S.C. § 1758b) and <u>Florida Statutes Section 1003.453</u>. School districts must have a local "school wellness policy" to promote student health, safety, and the reduction of childhood obesity. The policy also promotes wellness for District employees. The District is committed to providing a school environment that enhances learning and development of lifelong wellness practices and promotes and protects the overall well-being of all students and staff.

BULLETIN May 28, 2019









Wellness Promotion Policy 2.035

Leadership - District and School Level

- Wellness Promotion Task Force (WPTF).
- Internal District Wellness Promotion Collaboration Team (WPCT).
- Healthy School Team (HST) is established to ensure schools remain in compliance with Smart Snacks legislation and to support this policy.

Wellness Promotion Task Force (WPTF)







Connect with Community Partners Advocate for Change Promote Initiatives Share Successes

Purpose: To create an educational forum that allows students, staff, parents, community partners, and members of the public to successfully collaborate in the promotion of healthier lives. With the District's ultimate goal of improving student performance, the direction of the Wellness Promotion Task Force is to encourage a proactive approach to holistically address the health, wellness, and safety of all school children and staff.

Task Force Meetings • 2019-2020

Thursday, October 3, 2019 - (8:00 a.m. - 11:00 a.m.)* Thursday, February 27, 2020 - (8:00 a.m. - 11:00 a.m.)* Thursday, April 16, 2020 - (2:30 p.m. - 6:00 p.m.)*

> First two meetings will include Resource EXPOs * Meetings are subject to change

> > Wellness Promotion Task Force Meeting: Here TODAY 😳





Dr. Seth B. Bernstein WPTF Community Chair

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Wellness Promotion Collaboration Team (WPCT)

Vision:

To promote a culture of emotional, social, and physical wellness throughout the District where healthy decisions are made by all students, staff, parents, and the community.

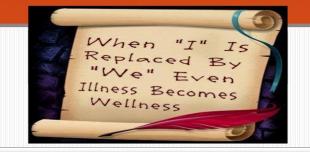
Purpose:

To positively impact staff and students' lives by promoting wellness and implementing coordinated wellness strategies throughout the District.

Wellness Promotion Collaboration Team (WPCT) Meeting: Tuesday, November 19, 2019

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Wellness Promotion Collaboration Team





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Healthy School Team (HST)





Healthy School Team Conference: Friday, October 4, 2019





District's WSCC IMAGE:

Whole School, Whole Community, Whole Child (WSCC) Model



Superintendent Annual Report

July 1, 2018 – June 30, 2019

Donald E. Fennoy II, Ed.D.

School District of Palm Beach County

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ROWING. STRON



Donald E. Fennoy III, Ed. D.



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palmbeachschools.org





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Presentations...





Promoting Safe and Inclusive Schools in the SDPBC

District's Wellness Promotion Task Force Meeting October 3, 2019



Presented by: The Department of Multicultural Education

Francisco (Harvey) Oaxaca, Director

Javier Ortolaza, Specialist, Guidance Services

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Our Vision

The School District of Palm Beach County envisions a dynamic, collaborative multi-cultural community where education and lifelong learning are valued and supported and all learners reach their highest potential to succeed in the global economy.

Our Mission

The School District of Palm Beach County is committed to providing a *world-class education with excellence and equity* to *empower each student to reach his or her highest potential* with the most effective staff to foster the knowledge, skills, and ethics required for responsible citizenship and productive careers.

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2016–2021 Strategic 5–Year Plan

GROWIN









GOAL: 75%

NG.	STRONG.						
	OMES	Increase reading on grade level by 3rd grade COAL: 75% Ensure high school readiness	Effective and Relevant Instruction to Meet the Needs of All Students	 1 Ensure a shared commitment and collective responsibility for the academic success of every student 2 Establish personalized learning opportunities for all students 3 Ensure academic proficiency of all students from pre-kindergarten through grade 2 	INITIATIVES	 Phase 1 Define pillars of effective instruction to increase the academic achievement of all students Embed cultural competence, equity and access within instructional practices Develop the capacity to deliver effective instruction from pre-kindergarten through grade 2 Phase 2 Provide instructional programming customized to the individual strengths, needs, interests and aspirations of each learner 	and services in collaboration with our community and agency partners Phase 3 4 Provide digital and blended learning opportunities
	OUTC	Including: Academic achievement, behavior and engagement Cookie: 75%	Positive and Supportive School Climate	 Ensure a safe and supportive school climate that promotes the social/emotional and academic development of all students Secure parent and community partnerships to support the academic and social/emotional development of all students 	INITIATIVES	 Phase 1 Finsure a comprehensive "Single School Culture" in every school Addressing bullying prevention through Social Emotional Learning (SEL) Phase 2 Align behavioral and social/emotional services while increasing accessibility Align new and existing community and parent partnerships 	
	TERM	school graduation rate GOAL: 90% Foster post-graduate success Including:	Talent Development	 Promote a culture of learning and development for all employees by providing opportunities and pathways for growth and advancement Recruit, select and hire high-quality employees 	INITIATIVES	 Phase 1 12 Develop and implement a recruitment system that attracts high-quality and diversity in candidates by job group/category 13 Develop and implement rigor in the selection and hiring processes that effectively identify and screen for high-quality, skilled applicants 	Phase 3 11 Development advancement pathways for all employees
	ONG-	High school scholars, dual-enrollment degrees, industry certifications, college enrollment and persistence, military enlistment	High-Performance Culture	 1 Ensure continuous improvement throughout the district 2 Improve employee engagement, retention and performance 3 Instill resource optimization to yield maximum return on investment 	NITIATIVES	Phase 1 14 Implement a comprehensive performance management system 16 Build a district-wide culture of pride, trust & respect 18 Develop resource allocation processes aligned with student needs 15 Implement rigorous project management system student needs 19 Enact systemic customer service	Phase 3 17 Establish and implement recognition and differentiated compensation systems

4 Increase customer service and

support

structures, protocols

and processes

service



KEY INFORMATION

- Approximately **67,000** undocumented Immigrants
- Approximately **12,000** undocumented immigrants under the age of 16
- Between October 2015 and January 2017, the office of refugee resettlement reunified over 1,800 unaccompanied immigrant minors with family or sponsors



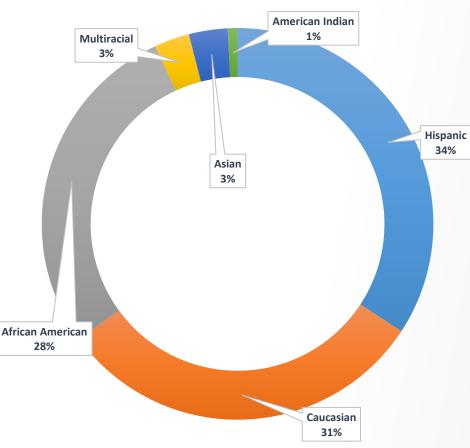




SDPBC DEMOGRAPHICS

- 10th Largest District in Nation; 5th Largest in State of Florida
- Approx. 195,000 Students
- 180 District Operated Schools
- 197 Different Countries & Territories of Birth





- Number of Languages/Dialects Spoken: **145** • Majority Languages
- Spoken:
 - English 61%
 Spanish –24%

 - Haitian Creole –8%

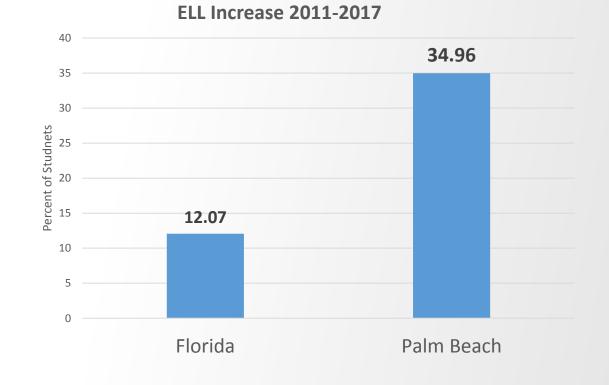
 - Portuguese –2%
 Q'anjob'al; Mam 1.5%
 - Vietnamese
 - Arabic
 - French
 - Chinese
 - Russian



SDPBC ENGLISH LANGUAGE LEARNERS STATISTICS

- Almost **34,000** total ELL students
- Approx. 15% of the entire school District
- ELL student increase from 2011-2017: 6,617 students





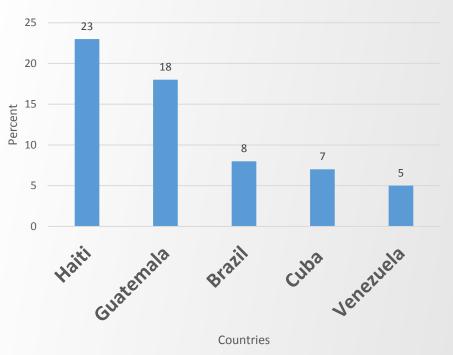


SDPBC IMMIGRANT STATISTICS

- Total Number of Immigrants:
 13,202
- Coming from Over 150
 Countries:
 - Haiti 23%
 - Guatemala 18%
 - Brazil 8%
 - Cuba 7%
 - Venezuela 5%
 - Honduras
 - Colombia
 - Jamaica
 - El Salvador
 - Mexico
 - Dominican Republic
 - Canada



Top **5** Countries Where Immigrants Are From in SDPBC:



Immigrant Students May Include:

- Recently arrived <u>newcomer students</u>
- Refugee students
- ► Students with interrupted/limited formal education (SIFE)
- Unaccompanied minors who came to the country without

their parents

Internationally adopted students

http://www.colorincolorado.org/immigration/guide/intro







Immigrant Students May Include:

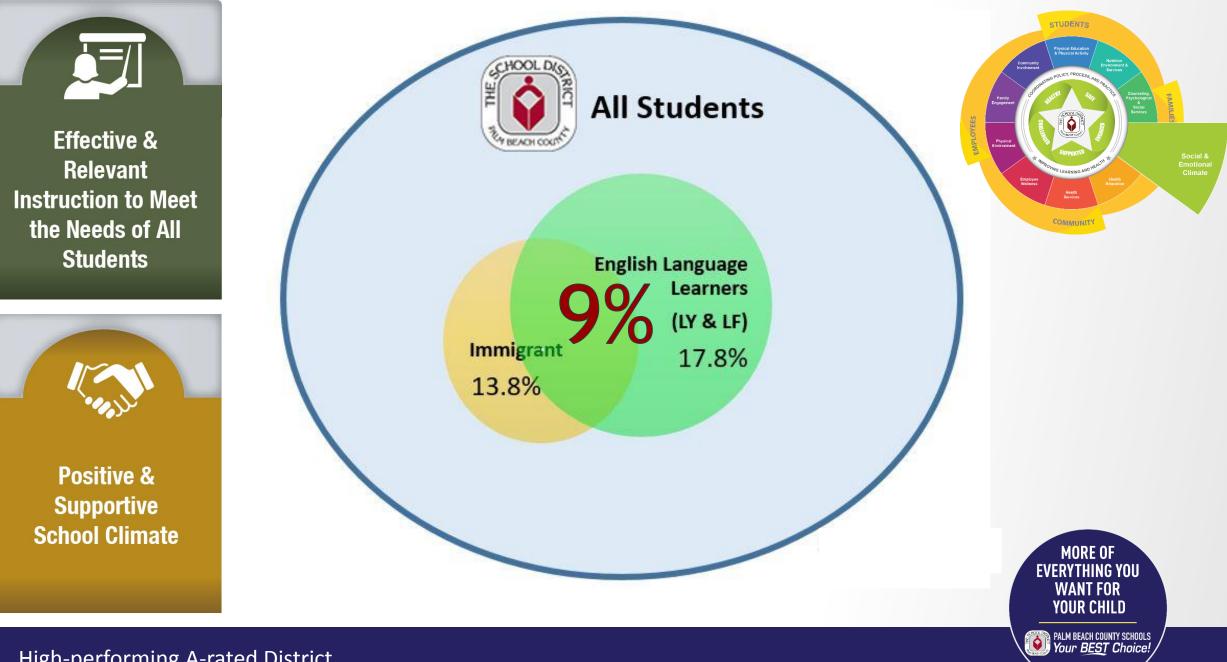
- Students of <u>migrant</u> farm workers
- Students who are <u>undocumented</u>
- Students who have been <u>separated from parents/family</u>

members at the border

- Students with <u>Temporary Protected Status</u>
- DREAMers (young people eligible for <u>Deferred Action for</u> <u>Childhood Arrival</u>, or DACA)

http://www.colorincolorado.org/immigration/guide/intro







EMBRACING DIVERSITY IN PALM BEACH COUNTY

Resolution to Promote Welcoming and Inclusive Schools For All Students and Families

Also available in Spanish, Haitian Creole, and Portuguese

- Passed on April 19, 2017 by Superintendent and the School Board; Action Plan developed on July 11, 2017.
- The District is working with all stakeholders to provide a clear message that will ensure the safety and welfare of all students.
- Committee meets three times a year to advise District.

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Immigrant Support Plan (Updating June 2019)

- Resolution District Protocol
- > Agencies and Programs
- Family Safety Planning Checklist
- Legal, Medical & Social Community Services
- Beyond High School & Scholarships
- Instructional Resources



Click for Website Resources

ETE PLAN TOOLKI

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YOUR CHILD





Agencies & Programs

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Information Resources



Home > ELL Basics > Serving and Supporting Immigrant Students: Information for Schools

En español

Serving and Supporting Immigrant Students: Information for Schools



The following information outlines what schools need to know about serving students who are immigrants or children of immigrants. Recommended resources and updates regarding changing immigration policies are also available below. We will continue to add updates as they become available.

For additional information, see:

Stress Related to Immigration Status in Students: A Brief

Guide for Schools (Marquette University)

Immigrant and Refugee Children: A Guide for Educators and School Support Staff (Teaching Tolerance)

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Major support provided by our founding partner, the American Federation of Teachers, AFL-CIO.



With generous support provided by the National Education Association.

Most Popular

SUPPORTING IMMIGRANT STUDENTS AND THEIR FAMILIES INFORMATION

- Protect Yourself from Immigration Raids, Know Your Rights <u>https://unitedwedream.org/toolbox/</u>
- American Federation of Teachers

https://www.aft.org/our-community/immigration/immigration-ice-raids-end-detention-anddeportation-students-and

Colorin' Colorado!

http://www.colorincolorado.org/ell-basics/serving-and-supporting-immigrant-studentsinformation-schools

Teaching Tolerance

http://www.tolerance.org/magazine/number-55-spring-2017/feature/immigrant-andrefugee-children-guide-educators-and-school-su

- Resource Guide: Supporting Undocumented Youth https://www2.ed.gov/about/overview/focus/supporting-undocumented-youth.pdf
- National Education Association (NEA): Human and Civil Rights http://www.nea.org/home/64661.htm#i
- Supporting Undocumented Youth http://www2.ed.gov/about/overview/focus/supporting-undocumented-youth.pdf
- National Education Association: Human and Civil Rights

http://www.nea.org/home/64661.htm#i

Ensuring Education for All Children

https://blog.ed.gov/2017/01/ensuring-education-children/

Florida Immigrant Coalition

https://floridaimmigrant.org/

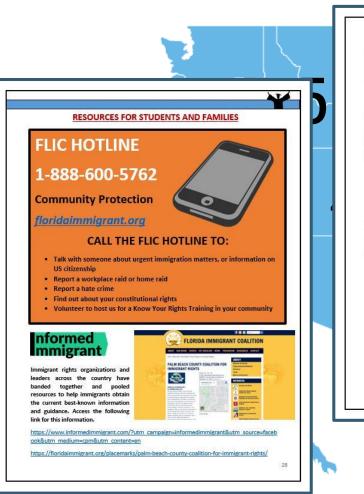


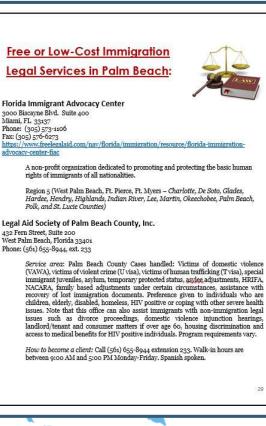
Legal, Medical & Social Community Services

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Legal Resources





Catholic Charities Immigration Services Diocese of West Palm Beach Immigration Legal Services 900 54th Street West Palm Beach, Florida 33407 Phone: (561) 494-0928 Areas served: Palm Beach County http://www.catholiccharitiesdpb.org/immigration-legal-services

Cases handled: Abused Spouses and Children, Adjustments (Refugees, Asylees, Cuban Adjustment, NACARA, HRIFA), Asylum, Naturalization, Court (removal, exclusion, deportation, defense including criminal), Family based petitions, Refugee Travel Documents, Special Immigrant Juvenile, Temporary Protection Status, Visas (tourist, student, renewals), Waivers (HIV, Fraud, Criminal), Work Permits, LPR Renewal. How to become a client: Call (561) 494-0928 for more information.

Florida Rural Legal Services

2051 M.L.K. Jr Blvd #101, Riviera Beach, FL 33404 Phone: (561) 820-8902 Areas served: Palm Beach County

St. Thomas University, School of Law-Human Rights Institute 2650 South West 27th Ave. Miami, FL 33133 1-866-491-6737

Immigration Clinic 16401 North West 37th Ave. Miami Gardens, FL 33054 305-623-2309

Immigrant Advocates – Nonprofit Resource Center Network https://www.immigrationadvocates.org/nonprofit/legaldirectory/search?state=FL

National Immiaration Law Assistance:

NATIONAL IMMIGRATION LAW CENTER Los Angeles, CA National Headquarters Los Angeles, CA 90010 reply@nilc.org

3450 Wilshire Blvd. #108 - 62 (213) 639-3900 | (213) 639-3911 fax



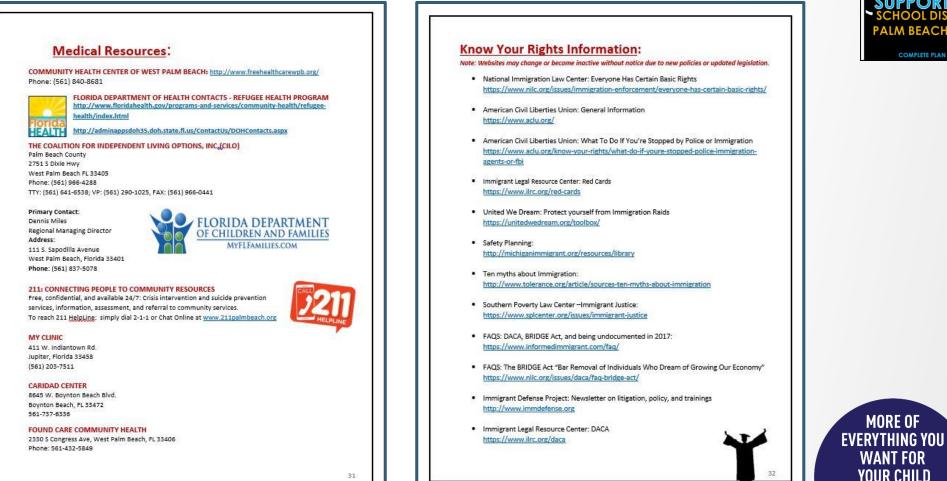
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Medical & Social Community Services





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<u>North Region</u>

My Clinic 411 W. Indiantown Rd. Jupiter, FL 33458 (561) 203-7511

Primary Care Clinics C.L. Brumback 411 West Indiantown Rd. Jupiter, FL 33458 561-642-1000

Primary Care Clinics C.L. Bruback 1150 45th St. West Palm Beach, FL 33407 561-642-1000

El Sol 106 Military Trial Jupiter, FL 33458 (561) 745-9860

Bridges at Lake Park Northmore Elementary School 4111 N. Terrace Drive, Portable 9 West Palm Beach, FL 33407

Bridges at Lake Park 1411 10th Street Lake Park, FL 33403 561-881-5060

Bridges at Riviera Beach 4152 W. Blue Heron Blvd. Suite 228 Riviera Beach, FL 33404

561-899-1944

Community Health Center of West Palm Beach 2100 W. 45th St., Suite A 8/9 West Palm Beach, FL 33407 561-840-8681 http://www.freehealthcarewpb.org/

P.B.C. Community Action 6415 Indiantown Rd. Jupiter, FL 33450

(561) 694-5471

P.B.C. Community Action
1440 Martin Luther King Blvd.
Riviera Beach, FL 33404
(561) 694-7467GUATEMALA MAYAN CENTER
430 N G St.
Lake Worth, FL 33460
(561) 547-0085Primary Care Clinics

Healthy Mothers/Healthy BabiesC.L. Bruback901 Northpoint Parkway, Suite 4037408 Lake Worth Rd. Suite #700West Palm Beach, FL 33407Lake Worth, FL 334671-888-414-4642Sridges at Lake Worth

Bridges at Lake Worth 802 S. Dixie Highway Lake Worth, FL 33460 561-899-1642

Central Region

2330 S Congress Ave,

561-432-5849

West Palm Beach, FL 33406

FOUND CARE COMMUNITY HEALTH

Bridges at Highland Elementary 500 Highland Ave. Lake Worth, FL 33460 561-899-1652

Bridges at Lake Worth West 4730 Maine Street Lake Worth, FL 33461 561-649-9600

Farmworker Coordinating Council of P.B.C., Inc. 1123 Crestwood Blvd. Lake Worth, FL 33460 (561) 533-7227

Healthy Mothers/Healthy Babies 4601 Lake Worth Rd. Greenacres, FL 33463 561-665-4505 South Region

CARIDAD CENTER 8645 W. Boynton Beach Blvd. Boynton Beach, FL 33472 561-737-6336

GENESIS BOYNTON 2623 S. Seacrest Blvd. Suite 65 Boynton Beach, FL 33435 561-735-6553

Primary Care Clinics C.L. Brumback 23123 State Road 7, Suite #108 Boca Raton, FL 33428 561-642-1000 Glades Region Bridges at Belle Glade 33 West Avenue A Belle Glade, FL 33430 561-992-8210

Bridges at Pahookee Community Health Center 170 S. Barfield Highway, Suite 102 Pahokee, FL 33476 561-924-9224

Healthy Mothers/Healthy Babies 1079 South Main Street Belle Glade, FL 33430 1-888-414-4642

Primary Care Clinics C.L. Brumback 39200 Hooker Hwy Belle Glade, FL 33430

P. B. C. Community Action 38754 State Road 80 Belle Glade, FL 33430 561-996-0660

Farmworker Coordinating Council of P.B.C., Inc. 233 W Ave A Belle Glade, FL 33430 561-992-0603

Florida Dept. of Health in Palm Beach County http://palmbeach.floridahealth.gov/locations/index.html MORE OF EVERYTHING YOU WANT FOR YOUR CHILD

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North Region

My Clinic 411 W. Indiantown Rd. Jupiter, FL 33458 (561) 203-7511

Primary Care Clinics

C.L. Brumback 411 West Indiantown Rd. Jupiter, FL 33458 561-642-1000

Primary Care Clinics

C.L. Bruback 1150 45th St. West Palm Beach, FL 33407 561-642-1000

El Sol

106 Military Trial Jupiter, FL 33458 (561) 745-9860

Bridges at Lake Park

Northmore Elementary School 4111 N. Terrace Drive, Portable 9 West Palm Beach, FL 33407

Bridges at Lake Park

1411 10th Street Lake Park, FL 33403 561-881-5060

Bridges at Riviera Beach

4152 W. Blue Heron Blvd. Suite 228 Riviera Beach, FL 33404 561-899-1944

Community Health Center of West Palm Beach

2100 W. 45th St., Suite A 8/9 West Palm Beach, FL 33407 561-840-8681 http://www.freehealthcarewpb.org/

P.B.C. Community Action 6415 Indiantown Rd. Jupiter, FL 33450 (561) 694-5471

P.B.C. Community Action

1440 Martin Luther King Blvd. Riviera Beach, FL 33404 (561) 694-7467

Healthy Mothers/Healthy Babies

901 Northpoint Parkway, Suite 403 West Palm Beach, FL 33407 1-888-414-4642







Central Region

FOUND CARE COMMUNITY HEALTH



2330 S Congress Ave West Palm Beach, FL 33406 561-432-5849

GUATEMALA MAYAN CENTER 430 N G St.

Lake Worth, FL 33460 (561) 547-0085

Primary Care Clinics

C.L. Bruback 7408 Lake Worth Rd. Suite #700 Lake Worth, FL 33467 561-642-1000

Bridges at Lake Worth

802 S. Dixie Highway Lake Worth, FL 33460 561-899-1642

Bridges at Highland Elementary

500 Highland Ave. Lake Worth, FL 33460 561-899-1652

Bridges at Lake Worth West

4730 Maine Street Lake Worth, FL 33461 561-649-9600

Farmworker Coordinating Council of P.B.C., Inc.

1123 Crestwood Blvd. Lake Worth, FL 33460 (561) 533-7227

Healthy Mothers/Healthy Babies

4601 Lake Worth Rd. Greenacres, FL 33463 561-665-4505



South Region

CARIDAD CENTER

8645 W. Boynton Beach Blvd. Boynton Beach, FL 33472 561-737-6336

GENESIS BOYNTON

2623 S. Seacrest Blvd. Suite 65 Boynton Beach, FL 33435 561-735-6553

Primary Care Clinics

C.L. Brumback 23123 State Road 7, Suite #108 Boca Raton, FL 33428 561-642-1000



Glades Region

Bridges at Belle Glade

33 West Avenue A Belle Glade, FL 33430 561-992-8210

Bridges at Pahookee

Community Health Center 170 S. Barfield Highway, Suite 102 Pahokee, FL 33476 561-924-9224

Healthy Mothers/Healthy Babies 1079 South Main Street Balla Clada, EL 23420

Belle Glade, FL 33430 1-888-414-4642

Primary Care Clinics C.L. Brumback 39200 Hooker Hwy Belle Glade, FL 33430

P. B. C. Community Action 38754 State Road 80 Belle Glade, FL 33430 561-996-0660

Farmworker Coordinating Council of P.B.C., Inc.

233 W Ave A Belle Glade, FL 33430 561-992-0603



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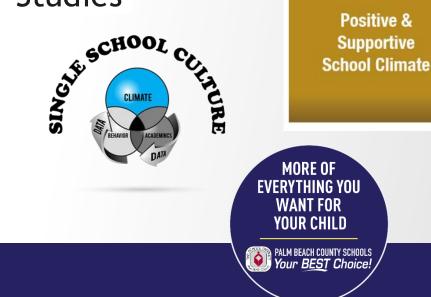
Related Florida State Statutes 1003.42 (g.,h.,p.,q.)

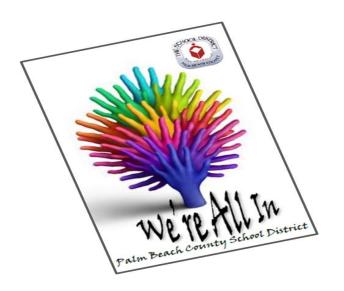
- We are committed to increasing student achievement by addressing the needs of a diverse student population, and providing culturally responsive instruction and curriculum.
- An educational environment that normalizes the infusion of African, African American, Latino, and Gender Studies increases students' sense of pride and reinforces positive school culture.
- It is important that all students are able to see a representation of themselves in the classroom, curriculum, and the community.

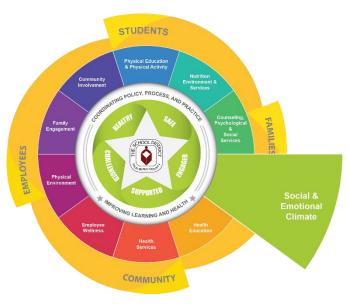


Effective & Relevant Instruction to Meet the Needs of All Students









We're ALL In Campaign

The Departments of Safe Schools and K-12 Curriculum have partnered to launch the voluntary We're ALL In campaign, symbolized by a logo composed of a union of multicolored hands. This logo has been made into a badge that can be worn along with District identification badges. The message behind this emblem is simple: "People of all cultures, nationalities, orientations, and identities are safe and welcome in my office/classroom." To get a supply of these badges and to learn more about the campaign badges and posters contact William (Pete) Stewart, mailto: william.stewart@palmbeachschools.org or Cheryl Phillips, cheryl.phillips@palmbeachschools.org in the Department of Teaching and Learning. MORE OF



Creating a Welcoming Culture



- Training of front line school staff, school data processors and school administrators.
- Collaborations with school resource officers.
- Translation: Community Language Facilitators, District full time translators and contract with Language Line.
- Opened the Welcome Center to assist newcomers.
- Providing resources for teachers and school staff.







3300 Forest Hill Blvd. Building E, Room #4 West Palm Beach, FL 33406. 561-434-8197



MORE OF EVERYTHING YOU WANT FOR YOUR CHILD PALM BEACH COUNTY SCHOOLS Your BEST Choice!

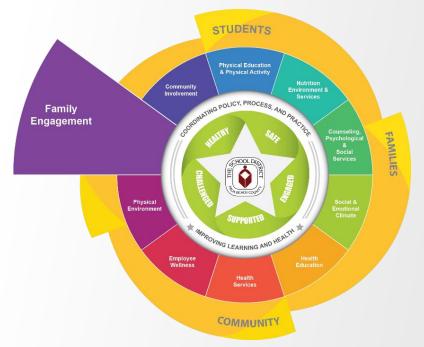




Welcomes families who first language is not English.

Services:

- Registration
- Grade Level Placement
- Counseling
- Social Services Referral
- Immunization Van
- Bilingual staff available



PALM BEACH COUNTY SCHOOLS Your B<u>EST</u> Choice!

Family

MORE OF Everything you Want for Your child

K Welcome Center

Immunization Van: Thursday, October 3rd & 24th 10:00 a.m. - 1:00 p.m.

3300 Forest Hill Blvd. Building E, Room #4 West Palm Beach, FL 33406

561-434-8197





- What? Financial Aid and FAFSA Workshop: learn about scholarships, grants, loans & more!
- Who? Parents, and high school seniors interested in applying for financial aid for college, and completing the FAFSA for the 2020-2021 school year
- What to bring Tax return from 2018; Social Security Number of parents and student, Driver's License number (optional); permanent residents must bring alien registration number
- Where? Fulton-Holland Educational Center

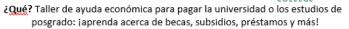
3300 Forest Hill Blvd. Ibis Building E: Room 1 & Room 2, WPB 33406

Monday, October 7, 2019	5:30pm - 7:30pm
ور Wednesday, October 16, 2019	5:30pm - 7:30pm
	9C

Register At: EVENTBRITE: bit.ly/326iaEG (Limited Registration)

-----For more information: 561-868-4068/561-434-8197-----





- ¿Quién? Padres, y estudiantes en el último año de secundaria interesados en solicitar ayuda financiera para el posgrado y completar el formulario de ayuda federal (FAFSA) para el año escolar entrante de 2020-2021
- Qué traer: Formulario de impuestos del 2018; número de Seguro Social de los padres y del alumno/a; número de licencia de conducir (opcional); residentes permanentes traer número de registro (alien number)
- ¿Dónde? Fulton-Holland Educational Center 3300 Forest Hill Blvd. Ibis Building E: Room 1 & Room 2
- ¿Cuándo? Lunes, 7 de octubre, 2019 5:30pm 7:30pm o Miércoles, 16 de octubre, 2019 5:30pm - 7:30pm

Registrese: EVENTBRITE: bit.ly/326iaEG (Espacio Limitado)

-----Por más información: 561-868-4053/561-434-8197-----FAFSA Workshop Night - Spanish version



Kisa? Seminè Eòmasyon sou Èd Finansyè ak FAFSA: vin pran enfòmasyon sou Bousdetid, sibvansyon, prè ak plis ankò!

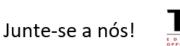
- Ki moun? Paran, ak elèv denye ane ki vle aplike pou èd finansyè pou kolèj, epi ranpli aplikasyon FAFSA pou ane akademik 2020-2021 an.
- Kisa pou n pote kopi Enpo 2018; nimewo Sekirite Sosyal paran ak elèv, Nimewo pèmi Kondui (opsyonèl); rezidan pèmanan yo dwe pote nimewo Alyenn kat
- Ki kote? Fulton-Holland Educational Center 3300 Forest Hill Blvd. Ibis Building E: Room 1 & Room 2, WPB 33406

Ki dat? Lendi, 7 Oktòb 2019 5:30pm - 7:30pm

Mèkredi, 16 Oktòb2019 5:30pm - 7:30pm

Enskri nan: EVENTBRITE: bit.ly/326iaEG (Enskripsyon Limite)

FAFSA Workshop Night – Creole ver ------pou plis enfòmasyon rele nan: 561-868-4068/561-434-8197------





Para quê? Workshop de Auxílio Financeiro e FAFSA: Informe-se sobre bolsas de estudo, subsídios, empréstimos e muito mais!

Quem? Pais e alunos no último ano de *high school*, interessados em se inscrever para obter auxílio financeiro para a faculdade e no preenchimento do formulário FAFSA para o ano letivo de 2020-2021

Trazer: Declaração do Imposto de Renda de 2018, número do Seguro Social dos pais e aluno, número da Carteira de Motorista (opcional). Os residentes permanentes devem trazer o número de registro de estrangeiro

Onde? Fulton-Holland Educational Center 3300 Forest Hill Blvd. Ibis Prédio E: Salas 1 e 2, WPB 33406

Quando? Segunda-feira, 7 de Outubrode 2019 das 17h30 às 19h30

ou Quarta-feira, 16 de <u>Outubro</u> de 2019 das 17h30 às 19h30

Se inscreva no: EVENTBRITE: bit.ly/326iaEG (Inscrição Limitada)

-----Para mais informações: 561-868-4068/561-434-8197------FAFSA Workshop Night-Portuguese version



MORE OF EVERYTHING YOU WANT FOR YOUR CHILD





The @EsolPbc #WelcomeCenter team will ensure Ss are registered regards of the location! Working hard to ensure that our Ss from the #Bahamas are ready for school! @GFsheffield

@DianaFedderman @JavierOrtolaza



Javier Ortolaza @JavierOrtolaza

Welcome Center team assisting newcomers with community resources. #BahamasStrong @harveyoaxaca @EsolPbc @EducationFdnPBC



Students Impacted by Hurricanes

Registration: Students arriving from areas impacted by natural disasters should be provided immediate enrollment in Palm Beach County Schools.

Enrollment Process:

Required at Time of Registration

- PBSD 0636 New and Returning Student Registration upon completion, immediately enroll student and provide schedule
- PBSD 2479 Student Residency Questionnaire (SRQ) may be completed in office (preferred) or parent/guardian may complete and return at a later date
- PBSD 2369 Caregiver Authorization for Homeless Student (if needed). For extenuating circumstances, please contact the Homeless liaison for the District, Beth Lefler, 494-1547.

Provided within 30 Days

- 1. Record of immunization refer parent/guardian to Department of Health to obtain records or update immunizations
- 2. Record of physical examination
- Proof of birth
- 4. Proof of residence or notarized PBSD 1866 Affidavit of Residence

For students who transfer with inadequate or incomplete records, placement will be based upon the information available, including **any** or all of the following:

- student's age;
- review of all existing school records and/or credit transcripts;
- interview with the student and/or the parent(s)

Registration: Students that arrive with transcripts should be placed according to their records. Students that arrive <u>without</u> transcripts should be placed based on age. Reminder, students from other countries placed in kindergarten must be five years old on or before September 1. For questions regarding registration, please contact the school counseling team:

> Elementary: Stephen Kaplan: 434-8233 Middle: Amy Mazzocco: 432-6348 High: Eunice Vivar: 434-8820

Health Records: Attached is a list of Primary Care Clinics where displaced students can obtain physicals and other medical treatment as needed.

All schools will use the 30-day (6 weeks) exemption for immunizations and school entrance exam (physical) as provided by FL statute 1003.22 (1). This 30-day (6 weeks) exemption allows the student to register and attend classes during this time frame and the Health Department will evaluate each student and work to establish documentation and immunization status.



Welcome Center & Education Foundation (Red Apple Supplies) assisting Bahamian students with the registration process and school supplies. @harveyoaxaca @DianaFedderman @EducationFdnPBC





The Bahamas Country in the Caribbean



PALM BEACH COUNTY SCHOOLS Your BEST Choice!

ACHIEVE Palm Beach County



AchievePBC.org

our story for students for families community happenings join the movement

Ensuring College Access & Success

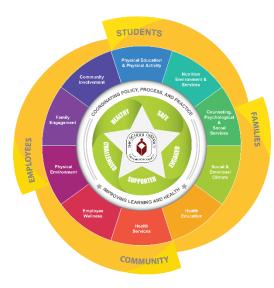
Our vision is that every Palm Beach County high school graduate completes a post-secondary credential within six years of high school graduation. Positive outcomes include degrees, professional job certifications, apprenticeships, military enlistment and vocational training that prepares students for a meaningful career with a sustainable wage.

Join the Movement

Find Resources









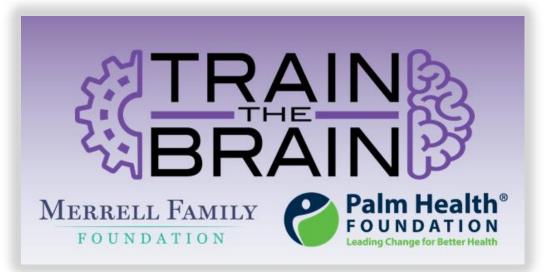
The Department of Multicultural Education

Francisco (Harvey) Oaxaca, Director

Javier Ortolaza, Specialist, Guidance Services

MORE OF EVERYTHING YOU WANT FOR YOUR CHILD

LM BEACH COUNTY SCHOOLS





Train the Brain Campaign...

Marge Sullivan Vice President of Communications

Neal Nay



Jupiter Medical Center Sleep Center X JUPITER MEDICAL CENTER







Our Vision:

ALL Palm Beach County residents have an opportunity to thrive and reach their full health potential.

Our Mission:

We inspire and fund solutions for better health in Palm Beach County through community collaboration.

Community Health Campaigns

The goals of Palm Health Foundation's community health campaigns are to improve the lives of Palm Beach County residents by **bringing visibility** to health issues within our community, **providing practical tips** for tackling those issues, and **inspiring residents** to take charge of their health by taking advantage of the free campaign resources and activities that will aid in transforming their behaviors.





HOOL DIS SCHOOL FOOD SERVICE 3661 INTERSTATE PARK ROAD NORTH, SUITE 100 BEACH COUR RIVIERA BEACH, FL 33404

THE SCHOOL DISTRICT OF PALM BEACH COUNTY, FL

WWW.PALMBEACHSCHOOLS.ORG

PHONE: 561-383-2000 / FAX: 561-383-2043

ALLISON MONBLEAU DIRECTOR

WANDA F. PAUL, M.ED., MBA **CHIEF OPERATING OFFICER**



Bulletin #PD 20-100 COO

September 26, 2019

Action By: Information Only

Contact(s): Paula Triana, 561-383-2026 paula.triana@palmbeachschools.org Carlye Fabrikant, 561-434-8044 carlye.fabrikant@palmbeachschools.org Dr. Mary Claire Mucenic, 561-982-0902 maryclaire.mucenic@palmbeachschools.org

Principals and Directors TO:

Wanda F. Paul, M.Ed., MBA, Chief Operating Officer FROM:

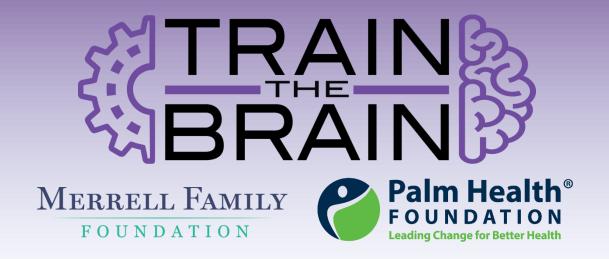
SUBJECT: WORLD MENTAL HEALTH DAY & TRAIN THE BRAIN CAMPAIGN

World Mental Health Day is observed on October 10 every year by the World Health Organization. The focus of this day is to raise awareness of mental health issues around the world, and organize efforts in support of mental health. Train the Brain is Palm Health Foundation's community health campaign that takes place from October 1-31. The goal of this county-wide campaign is to help Palm Beach County residents understand that taking care of the brain is just as important as taking care of the body.



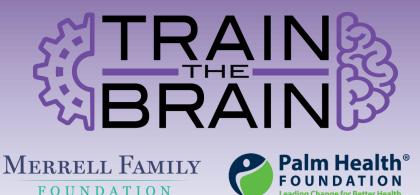
PALM BEACH COUNTY SCHOOLS Your BEST Choice!





Train the Brain 2019 theme is: Brain Health in the Workplace

- Studies show that a majority of us engage in unhealthy behaviors to cope with workplace stress.
- We **CAN** minimize the harmful effects of stress and achieve balance in our lives.
- Visit <u>TraintheBrainPBC.org</u> to learn about **FREE** brain health events in October.
- Download our **FREE** *Brain Health Wellness Kit* to participate in the campaign and help advance brain health in Palm Beach County.



Workplace Brain Health Tips

- Close your eyes and take 4 deep breaths
- Go to lunch with a friend
- Step away from your desk and stretch
- Listen to music or read something funny
- Turn off electronics 1 hour before bedtime
- Sleep at least 7 hours

www.TraintheBrainPBC.org

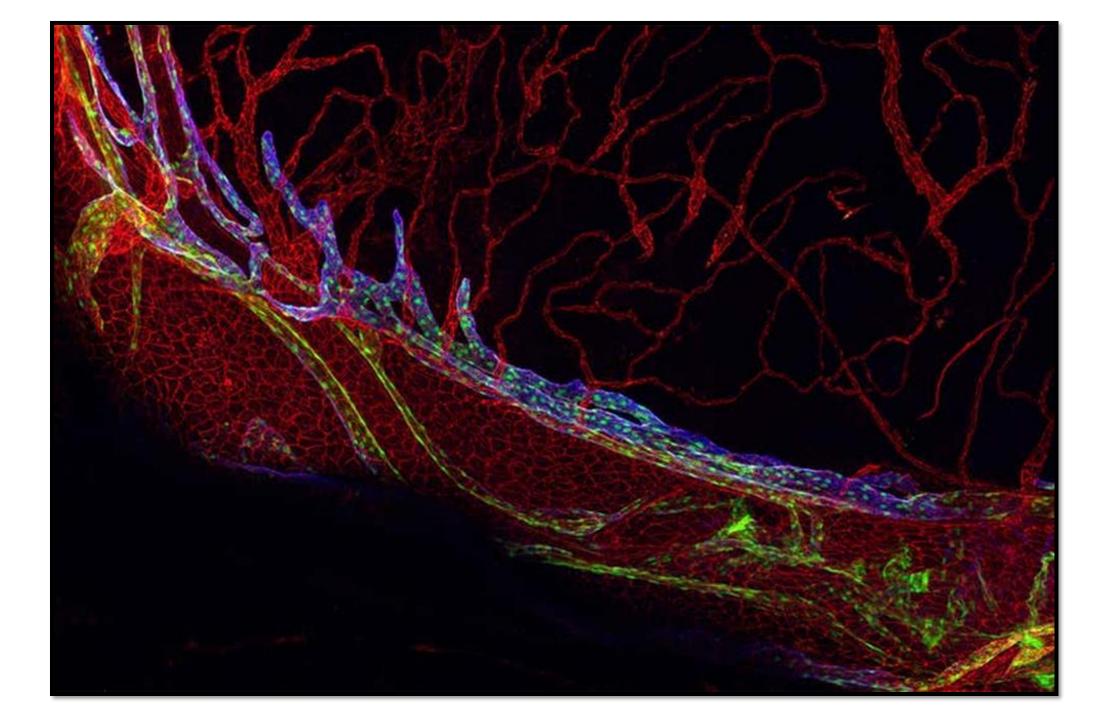


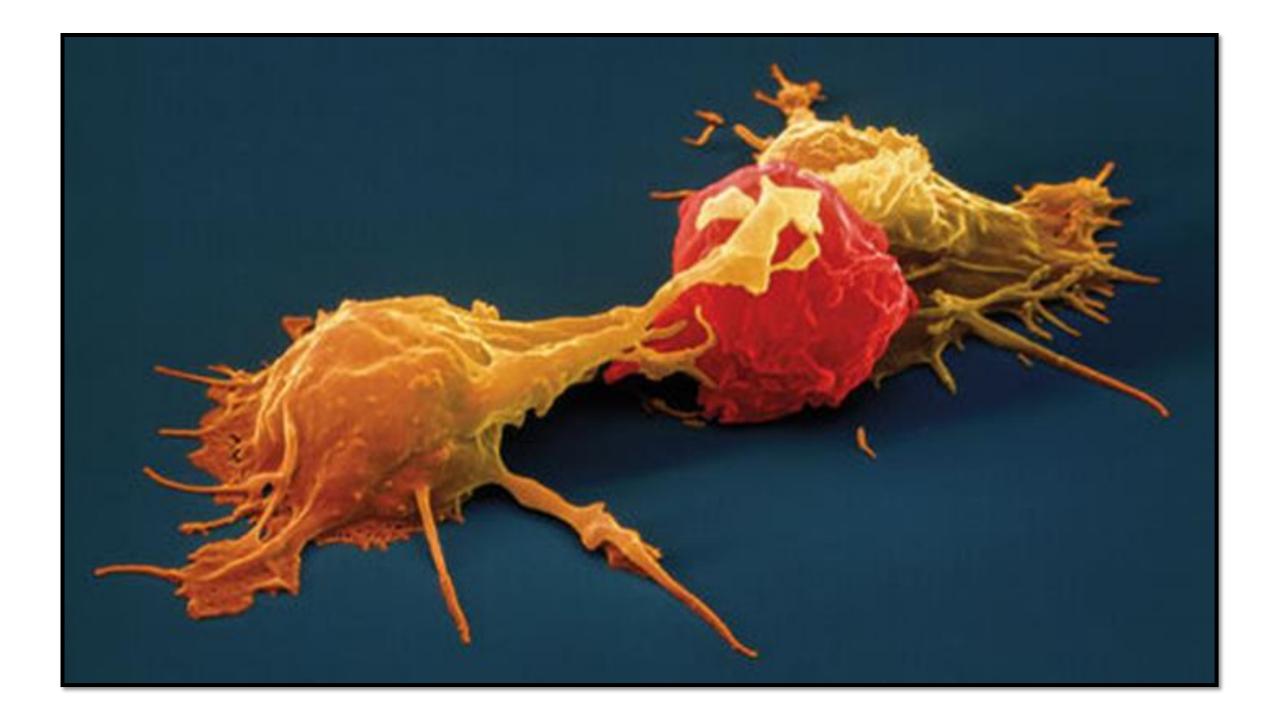
Desperately Seeking Snoozin'



Neal Nay, RPSGT, RST Jupiter Medical Center Sleep Center Phone: 561-744-4478 Email:<u>nnay@jupitermed.com</u>

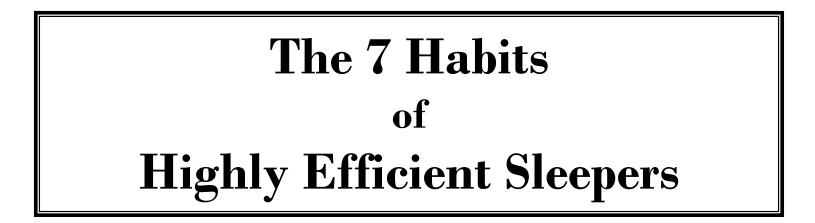
JUPITER MEDICAL CENTER











Neal Nay, RPSGT, RST Email: nnay@jupitermed.com Jupiter Medical Center Sleep Center Jupiter, Florida For questions or more information, contact us: Phone: (561) 744-4478 Email: sleep@jupitermed.com

JUPITER MEDICAL CENTER

JUPITER MEDICAL CENTER

Calcagnini Center for Mindfulness

The 4-7-8 (or Relaxing Breath) Exercise

The 4-7-8 breathing exercise is utterly simple, takes almost no time, requires no equipment and can be done anywhere. Although you can do the exercise in any position, sit with your back straight while learning the exercise. Place the tip of your tongue against the ridge of tissue just behind your upper front teeth, and keep it there through the entire exercise. You will be exhaling through your mouth around your tongue; try pursing your lips slightly if this seems awkward.

- Exhale completely through your mouth, making a whoosh sound.
- Close your mouth and inhale quietly through your nose to a mental count of four.
- Hold your breath for a count of seven.
- Exhale completely through your mouth, making a whoosh sound to a count of eight.
- This is one breath. Now inhale again and repeat the cycle three more times for a total of four breaths.

The absolute time you spend on each phase is not important; <u>the ratio of 4:7:8 is important</u>. If you have trouble holding your breath, speed the exercise up but keep to the ratio of 4:7:8 for the three phases. With practice you can slow it all down and get used to inhaling and exhaling more and more deeply. This breathing exercise is a natural tranquilizer for the nervous system. Unlike tranquilizing drugs, which are often effective when you first take them but then lose their power over time, this exercise is subtle when you first try it, but gains in power with repetition and practice. Do it at least twice a day. You cannot do it too frequently.

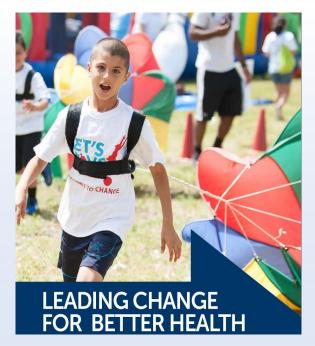
Once you develop this technique by practicing it every day, it will be a very useful tool that you will always have with you. Use it whenever anything upsetting happens – before you react. Use it whenever you are aware of internal tension or stress. Use it to help you fall asleep. This exercise cannot be recommended too highly. Everyone can benefit from it.

"Practicing a regular, mindful breathing exercise can be calming and energizing and can even help with stress-related health problems ranging from panic attacks to digestive disorders."

Andrew Weil, M.D.

Coming Up Next Year: MARCH 1 – 31, 2020

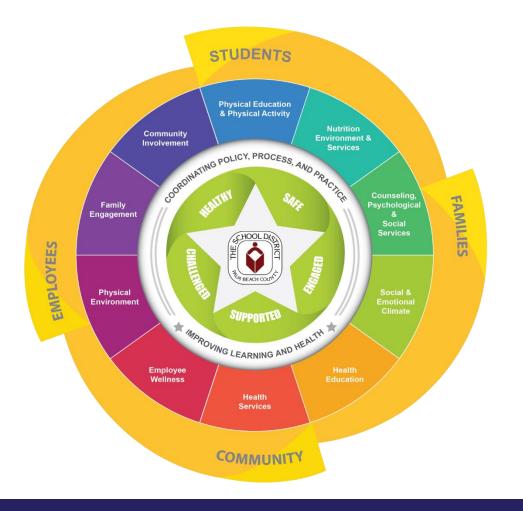




The Let's Move: Commit to Change Physical Activity Challenge is a county-wide initiative that focuses on physical activity, nutrition and healthy behaviors. The Challenge invites all Palm Beach County residents to form teams, get moving together, and commit to exercising at least 30 minutes a day.



Whole School, Whole Community, Whole Child (WSCC) Model District's WSSC Updates:

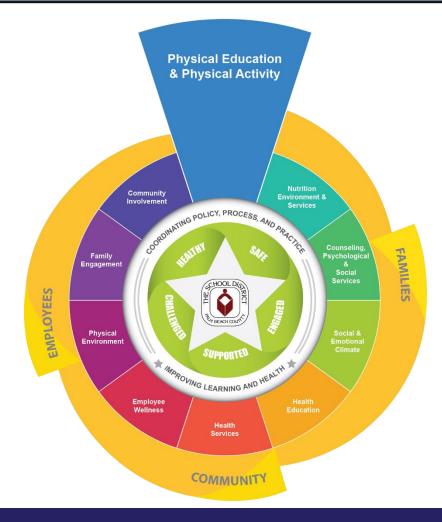




MORE OF Everything you Want for Your Child

PALM BEACH COUNTY SCHOOLS Your BEST Choice!

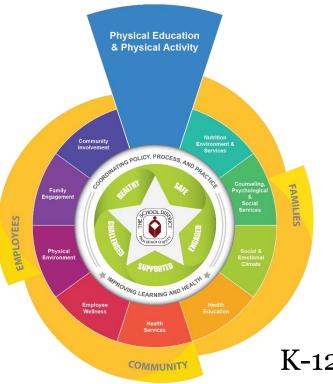
Whole School, Whole Community, Whole Child (WSCC) Model Physical Education & Physical Activity Update:



Physical Education & Physical Activity

Goal: To promote physical activity and provide physical education with the intention of improving staff and students' health, academic achievement, and reducing childhood obesity.







Teaching and Learning

Eric Stern K-12 - Physical, Health, and Driver Education Administrator



Elementary - Physical Education Professional Development Training

- Friday, October 18, 2019 from 7:30 am 3:00 pm
- Equestrian Trails Elementary in the Cafeteria

Secondary - Physical Education Professional Development Training

- Monday, November 11, 2019 from 7:30 am 3:00 pm
- John I. Leonard Elementary in the Gymnasium

Elementary - Physical Education Professional Development Training

- Monday, January 6, 2020 from 7:30 am 3:00 pm
- Equestrian Trails Elementary in the Cafeteria

Secondary - Physical Education Professional Development Training

- Friday, February 28, 2020 from 7:30 am 3:00 pm
- John I. Leonard Elementary in the Gymnasium







Whole School, Whole Community, Whole Child (WSCC) Model Nutrition Environment & Services Update:



Nutrition Environment & Services

Goal: To promote student and staff health through the operation of Child Nutrition Programs, safe food practices, and the availability of healthy eating environments, school gardens, nutrition education and promotional outreach, with the intention of improving students health, academic achievement, and reducing childhood obesity.

MORE OF

EVERYTHING YOU WANT FOR

YOUR CHILD

PALM BEACH COUNTY SCHOOLS Your BEST Choice!







School Food Service Department

Maggie Prieto General Manager





PALM BEACH COUNTY SCHOOLS Your BEST Choice!









SFS Taste Test Event VIDEO

MORE OF Everything you Want for Your Child

PALM BEACH COUNTY SCHOOLS Your BEST Choice!







ReThink Campaign: High School Re-Engineering Program Seminole Ridge Community – New for FY20



Seminole Ridge Video



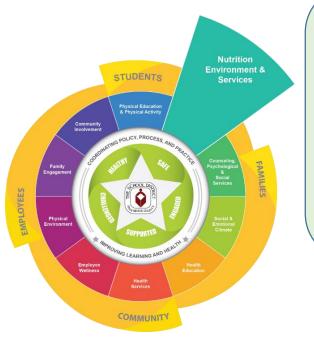
FACTS:

- Breakfast: +9.4%
- Lunch: +53.8%
- Serving 421 more meals per day than last year





Nutrition Education & Promotion FACTS:



- Provided 100 elementary schools *Healthy Habits Nutrition Planners* for all students in grades 3rd thru 5th.
- Last year of program allocate funds to other nutrition education initiatives (health fairs, farm field trips, posters, etc.)





PALM BEACH COUNTY SCHOOLS



National Rice Krispies Day September 18th









PALM BEACH COUNTY SCHOOLS Your BEST Choice!



SFS

Johnny Appleseed Day









PALM BEACH COUNTY SCHOOLS Your BEST Choice!





...it gives you energy

...it helps your brain function ...it keeps your body healthy

...it keeps your heart pumping strong



Did you know?

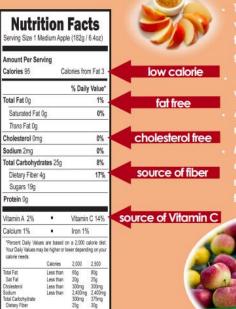
- There are over 7,500 kinds of apples around the world!
- Apples come in many colors: red, yellow, green, and pink!
- All apples taste different. Some are sweet and some are tart (sour).
- Apples provide fiber which helps
 you feel full.

Apples contain important vitamins and minerals, such as Vitamin C and Potassium. Why does an APPLE a day, keep the doctor away? Because... ...they are heart healthy ...they boost the immune system

...they help maintain healthy weight



Did you know?



varieties of apples around the world and 2,500 are grown in North America! Apples contain quercetin which helps brain function. Apples are actually a member of the rose family. Most of the fiber and a lot of antioxidants (which help reduce cell damage) are found in the peel.

. C

Johnny Appleseed Day







National Farm To School Month October 2019









PALM BEACH COUNTY SCHOOLS Your BEST Choice!





National Farm To School Month October 2019



Squas Four Fun Facts * Both George Washington and Thomas Jefferson grew a variety of squashes in their gardens. * Zucchinis were first brought to the US in the 1920s by the Italians. * One difference between summer squash and winter squash is that you can eat the thin rind of a summer squash.

* The flower of a zucchini and yellow squash is edible.

DID YOU KNOW?

One zucchini has more potassium than a banana!

Florida is the biggest squash producing state, followed by New York, California, and North Carolina





High-performing A-rated District

PALM BEACH COUNTY SCHOOLS Your BEST Choice!





National School Lunch Week ~ National Farm to School Month ~ Colorweeks

- Week 1 (Oct 1st 4th) "The Roots of Your Food" the cafeteria will be promoting National Farm to School Month with the release of a new poster design "Oh My Squash" and highlighting the local farms that provide us with fresh Florida produce weekly through our online menus.
- Week 2 (Oct 7th 11th) "(New)trients" the cafeteria will be showcasing a new veggie blend, Yellow Squash and Zucchini, two ways Roasted and Raw that aligns with the "Oh My Squash" poster and nutrition facts.
- Week 3 (Oct 14th 17th) "Color Your World" & NSLW "Whats on Your Playlist?....Painting Your Plate with Colorweeks!" the cafeteria will be introducing a new Fall Harvest Salad mixing vibrant vegetables with festive flavorful fruits. This brightly colored salad includes spring mix, shredded carrots, diced apples and cranberries. Promotional flyers and nutrition facts to be included.
- Week 4 (Oct 21st—25th) "Attack of the Snacks!" add some "Crunch to Your Lunch" with our Veggie Crunch Packs, featuring a colorful and fresh combination of sliced cucumbers, grape tomatoes and broccoli florets.





Child and Adult Care Food Program (CACFP) SUPPER Program

79 Total Schools

October 1, 2019:

- Bear Lakes Middle
- Inlet Grove Community High
- Poinciana Elementary
- Seminole Trails Elementary
- The Conservatory School @ North Palm Beach





MORE OF EVERYTHING YOU WANT FOR YOUR CHILD

Whole School, Whole Community, Whole Child (WSCC) Model Counseling, Psychological & Social Services Update:

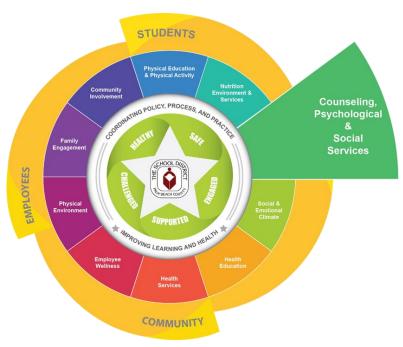


Counseling, Psychological & Social Services

Goal: To promote the mental, behavioral, and social-emotional health of students and staff.

> MORE OF Everything you Want for Your Child

PALM BEACH COUNTY SCHOOLS Your BEST Choice!





Teaching & Learning

Stephen A. Kaplan, MA, MEd Program Planner – Elementary School Counseling





Counseling SEL Initiatives

- Team is participating in the development of a district tool kit to meet the K-12 Substance Abuse Awareness Education requirements.
- Team is participating in the development of curriculum to meet the 6-12 Mental Health Education state requirement.
- PEACE Grant (Project to Ease Adverse Childhood Experiences) ongoing:
 - Contract with Center for Child Counseling.
 - Grant from Palm Beach County Youth Services.
 - On site Mental Health Counselor provides support for students.





Professional Development in the Areas of Mental Health and Wellness...



- Cohort meeting of school counselors at Wallace Grant and SEL Cohort sites scheduled for various dates in the Fall 2019.
- Child Safety Matters curriculum training for school counselors K-12 delivered Sept 23-24th.
- Adolescent Depression Awareness Program Training and Community Meeting scheduled for Nov. 4-5th.
- Presentation from Clark Flatt of The Jason Foundation will speak to about youth suicide education and prevention to elementary school counselors and others on October 18th.



Student Success Initiatives...

• District College Fair

- October 23, 6 pm 8pm, at the South Florida Fairgrounds Expo Center
- Over 150 colleges
- Expected attendance in excess of 3,000

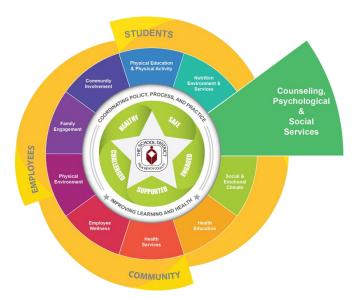
Professional Development

- Student Progression Plan Changes
- Use of technology
- Bright Futures
- My Career Shines
- Foreign Transcript Evaluation
- Graduation Pathways











Department of Behavioral and Mental Health

Dr. Mary Claire Mucenic Director Dr. Eleanor Craft School Behavioral Health Specialist





Co-Located Mental Health Professionals

Identified agency providers with Behavioral Health Agreement:

- Credentialed professional (e.g. LMHC, LCSW, LMFT) or Registered Intern
- Agency supervised / Aligned with school policies and procedures
- 196 days T&I period
- Located on 63 school campuses (37 additional schools are the in process of being assigned) from 7 agencies currently (4 additional agencies in process)

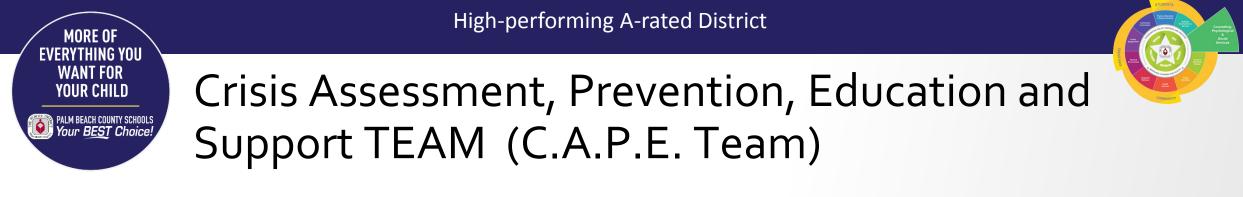
Provide intensive, individual supports for students experiencing mental health challenges, with mental health diagnosis or at-risk of mental health diagnosis.

• Up to **12** individual counseling sessions

Integrate into the school culture through participation in school-based activities and teams (*feel like one of the staff*).







Credentialed and skilled staff.

Flexible and proactive response to students experiencing significant persistent or acute mental health or behavioral health challenge:

- Response to schools by mental health professionals and/or behavior intervention specialist to support students who are experiencing a mental health or behavioral challenge.
- Observation, assessment, intervention and collaborative planning for individual students with significant behaviors or signs of behavioral and/or mental health concerns.
- Information gathering and action planning of strategies for future prevention and intervention.

Sites/Staff:

- **4** sites North, Central, South, and Glade/West
- 5 Mental Health Professional (4 LMHC and 1 LCSW)
- 6 Social Service Facilitators (1 Dispatcher)
- 8 Behavioral Intervention Associates
- 2 Specialists and 2 Managers



CRISIS • ASSESSMENT • PREVENTION • EDUCATION & SUPPORT

Education, Prevention, Intervention & Collaboration (E.P.I.C. Team)

•Provides professional development, coaching and support for the SBHPs.

•Leads the District coordination of Mental Health Awareness Programs for adults who work with children and youth.

- Kognito Mental Health Awareness Mandated for all school employees.
- Child and Youth Mental Health First Aid Mandated for all school district employees.

• Teen Mental Health First Aid – A.W. Dreyfoos School of the Arts and William T. Dwyer high schools are participating in this pilot program to be provided to all grade 10 students. These two schools are joining 33 other schools across the nation in implementing the program.



School Behavioral Health Professionals (SBHP)

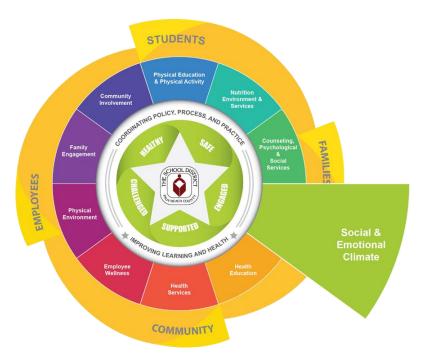
- One SBHP is located at each school **170** total.
- Supports students with significant behaviors or signs of behavioral and/or mental health concerns through:
 - Proactive effort towards prevention, and early intervention initiatives, (such as Safe School Ambassadors, We Dine Together, Classroom presentations, teaching Mindfulness, etc.);
 - Early identification of students with signs or symptoms of mental health concerns that are "under the radar"; and
 - Participation on school problem-solving teams and team service provision as part of the school mental health professionals.





Whole School, Whole Community, Whole Child (WSCC) Model Social & Emotional Climate Update:







Department of Safe Schools

Diane Wyatt Director





Celebrating Our Successes

- A Rated Again
- 95.7% Positive Response Rate
- 97.4% Familiarity Rate Wow!
 - 9th Most Familiar Department trailing the 4 Regional Offices, FTE, ESE, Facilities, and Ed Tech.
 - Most Widely Applauded Departmental Attribute: "This department demonstrates professional integrity." - 87.7% of respondents said this ALWAYS happens when dealing with Safe Schools.





Celebrating Our Successes

What did they have to say?

- "The team is very resourceful and continues to provide guidance schools."
- "Always there to guide and support with sticky school based situations."
- "Team responds quickly."
- "Awesome dept! Lots of good communication to schools and to administrators."







Safe Schools Initiatives

- Attendance
- Single School Culture Positive Behavior Support/CHAMPS
- Alcohol, Tobacco, and Other Drugs (ATOD)
- Threat Assessment
- McKinney Vento Program/ Foster Care
- Teen Parenting Program
- School Climate
- Bullying/Title IX

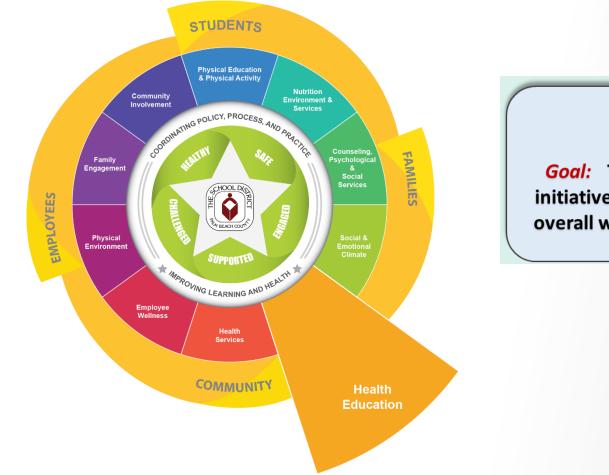






Your BEST Choice

Whole School, Whole Community, Whole Child (WSCC) Model Health Education Update:



Health Education

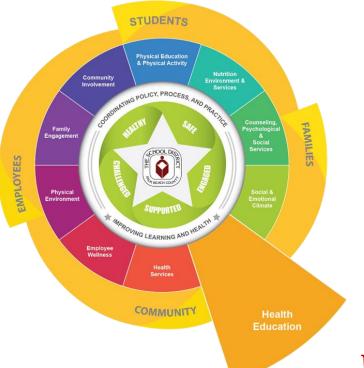
Goal: To provide health education initiatives in an effort to promote the overall wellness of students and staff.

MORE OF

EVERYTHING YOU WANT FOR YOUR CHILD

PALM BEACH COUNTY SCHOOLS Your BEST Choice!







CENTERS FOR DISEASE CONTROL AND PREVENTION

Teaching and Learning

William P. Stewart, Jr., MPH, CPH Health Education Specialist

Cheryl Phillips K-12 Health/Science Resource Teacher





CENTERS FOR DISEASE CONTROL AND PREVENTION

Teaching and Learning

Pete Stewart, MPH, CPH Health Education Specialist & CDC Grant Principal Investigator

Cheryl Phillips K-12 Health/Science Resource Teacher



High-performing A-rated District

STUDENTS

Physical Education & Physical Activity

POLICY, PROCESS, A

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G LEARNING AND HE

Health Services

COMMUNITY

FAMILIE

Community

Employee Wellness

EMPLOYEES

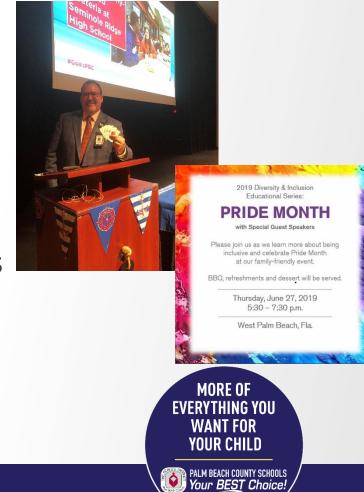


This summer we were able to present several training opportunity firsts, including:

- □ LGBTQ+ Panel for The School District of Palm Beach County on June 6, 2019
- LGBTQ+ Panel for American Red Cross Volunteers & Staff on June 27, 2019
- LGBTQ+ presentation for School Food Service Department on July 31, 2019



CENTERS FOR DISEASE CONTROL AND PREVENTION







MAKING SCHOOL A SAFE PLACE FOR LGBTQ STUDENTS October 19th we are proud to present a professional development in collaboration with FAU College of Education entitled *Pride & Prejudice: 50 Years of Stonewall*.

This is open to all instructional staff and FAU College of Education students. Please sign up through eLearning Management.









November 20, 2019 we will host our 5th Annual Youth Empowerment Summit! (YES!) at Palm Beach State College.

We anticipate over 100 students and staff will attend this event and several schools from Martin County will observe in hopes of creating their own event.

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■ We have worked with our funders at CDC to provide us with 100 Kognito *Step In, Speak Up!* licenses at no cost to our District.

This program is an add-on to the Kognito training that all staff have been given the opportunity to take, but this training focuses specifically on LGBTQ+ students. These licenses will be active until December 31, 2019.







Whole School, Whole Community, Whole Child (WSCC) Model Health Services Update:



Health Services

Goal: To provide health related services and information to students and parents/guardians.

MORE OF

EVERYTHING YOU

WANT FOR YOUR CHILD

PALM BEACH COUNTY SCHOOLS Your BEST Choice!





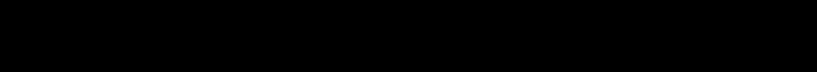
Support Services

Dr. Merris Smith Health Services Specialist

Brenda Galie, RN Florida Health Palm Beach County Ginny Keller, RN Health Care District of Palm Beach County











PALM BEACH COUNTY SCHOOLS

Whole School, Whole Community, Whole Child (WSCC) Model Employee Wellness Update:





Risk & Benefits Management Employee Wellness

Carlye Fabrikant Employee Wellness Coordinator Charlette English-Wright Assistant Wellness Coordinator

Safety

Troy Wilkinson Safety Specialist



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> WANT FOR Your Child

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Employee Wellness Updates...

- Wellness Champion updates
- Mental Health
- Maintain Don't Gain
- Lake Okeechobee Rural Health Partnership
- Wellness Spotlight Awards: August Belvedere Elementary and September - Congress Middle
 Our Wellness Room...







PALM BEACH COUNTY SCHOOLS



Employee Wellness

Carlye Fabrikant Wellness Coordinator <u>staffwellness@palmbeachschools.org</u> <u>www.palmbeachschools.net/wellness</u> Find us on Facebook @PBCSD Wellness and Twitter @SDPBC Wellness

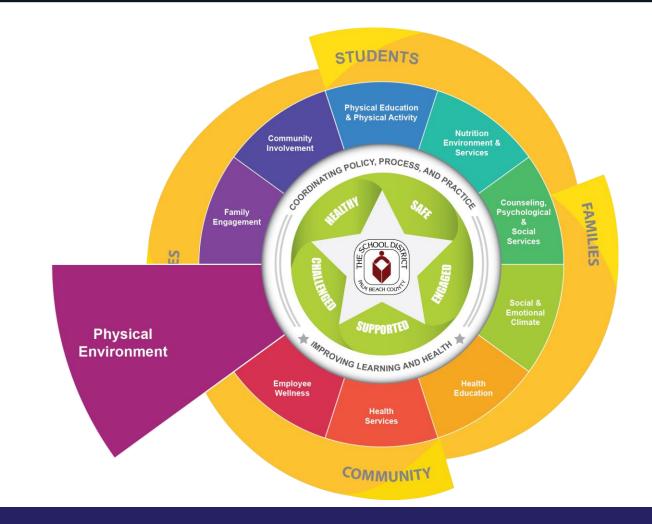


MORE OF Everything you Want for Your child

PALM BEACH COUNTY SCHOOLS



Whole School, Whole Community, Whole Child (WSCC) Model Physical Environment Update:



Physical Environment

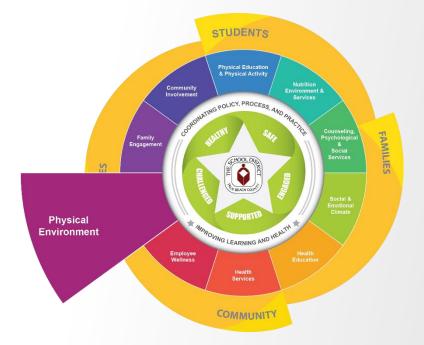
Goal: To provide a physical environment that meets or exceeds federal guidelines to include, but not limited to, the following topics: asbestos in schools, health and environmental hazards, radon testing, OSHA Hazard Communication Standards, protection of natural habitats, and green schools.

> MORE OF Everything you Want for

> > **YOUR CHILD**

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Environmental & Conservation Services

Lisa Toy Sustainability & Recycling Coordinator







Indoor Air Quality (IAQ)

IAQ program supports healthy, sustainable, learning and working environments by providing response to:

- Water damage
- Mold
- Odors
- Infectious disease outbreaks

- Chemical spills
- Flooding incidents
- Hurricanes & weather damage
- Temperature and relative humidity issues

During the FY-19 school year, IAQ staff responded to a total of **714** IAQ inspection requests. As a result of inspections, **624** IAQ projects were completed.



IAQ Remediation Project









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Sustainable Schools

- Recycle Florida Today Environmental Sustainability Award
- Green Champions: 59 schools participated in the pilot year
- 88 Green Schools



Indian Pines Elementary Beautification Project

High-performing A-rated District







D.D. Eisenhower Recycling Audit

Galaxy Elementary

Kilowatt Meter Project



Highland Elementary Storm Drain Monitors



FCA Project Support: Demolitions

ECS staff coordinated three demolitions in support of FCA projects at the following locations:

- Roosevelt Full Service Center (1 portable classroom)
- Maintenance at Crestwood Middle (6 portable classrooms)
- Western Pines Middle School (8 portable classrooms)

A fourth demolition was completed in support of a Maintenance and Plant Operations improvement project at the School District's Australian Warehouse.

In addition, **2,687** light bulbs and **2,226** ballasts were collected from FCA project sites and recycled through ECS contracted vendor, AERC.



Processing ballasts for recycling



Roosevelt Full Service Center Demolition/Asbestos

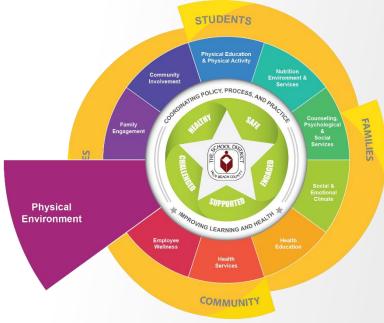




Maintenance at Crestwood Middle Demolition/Asbestos







Safety and Security

Referendum Related Initiatives

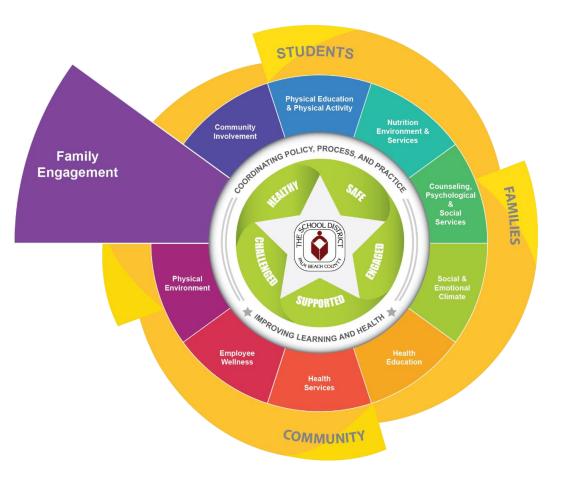
Chief Kitzerow School Police



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> PALM BEACH COUNTY SCHOOLS Your BEST Choice!

Whole School, Whole Community, Whole Child (WSCC) Model Family Engagement Update:



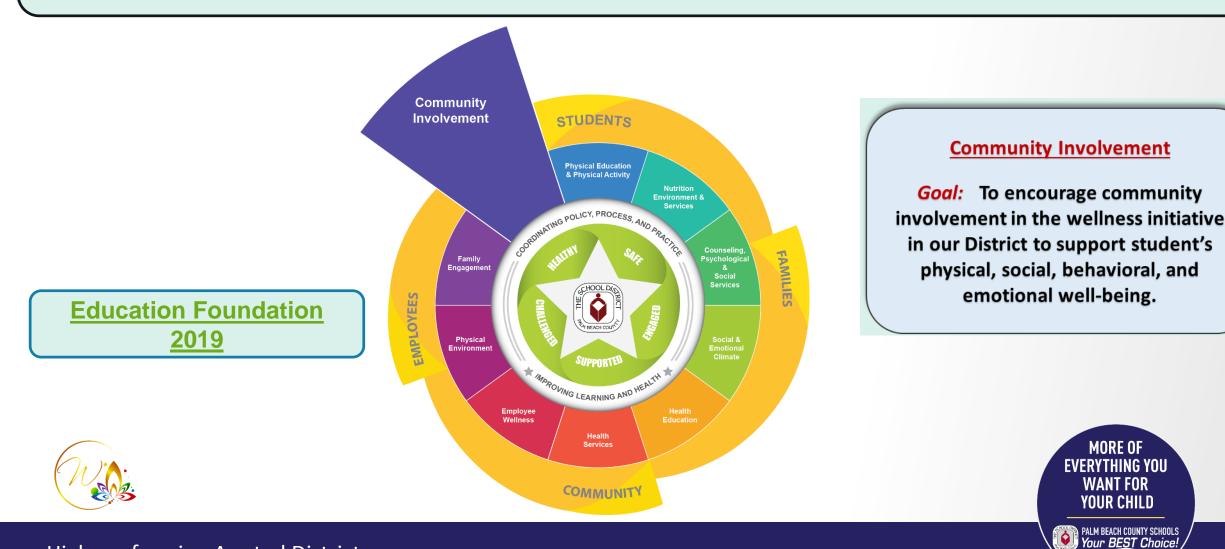
Family Engagement

Goal: To encourage families to participate in the wellness initiative in our District to support student's physical, social, behavioral, and emotional well-being.



Whole School, Whole Community, Whole Child (WSCC) Model **Community Involvement Update:**

MORE OF







IMPORTANT EVENTS

FOR STUDENTS & FAMILIES...come

learn about great opportunities!

Showcase of Schools

South Florida Fairgrounds – EXPO Center Tuesday, October 22nd

4:00 p.m. – 8:00 p.m. Over **125** Choice Programs, District Representative, Community Organizations

FY20 College and Career Fair

South Florida Fairgrounds – EXPO Center EAST Wednesday, October 23rd

6:00 p.m. – 8:00 p.m. Over **150** Colleges, Universities, Career Programs, and Military Representatives







Working in Concert to Create a Whole School, Whole Community, Whole Child Culture...

Share Successes Promote Initiatives Advocate for Change Connect with Community Partners





The School District of Palm Beach County, Florida

Keysto Wellness 🖞

Presentations...







Presented by: Carlye Fabrikant & Jamie McCarthy



SCHOOL FOOD SERVICE King First Providing FOOD For Thought





PAINT YOUR PLATE WITH COLORWEEKS



Colorweeks 101

- District-wide Employee Wellness nutrition education program
- Goals are to increase fruit and vegetable consumption, and educate on the benefits of eating each color in the rainbow
- 3 years, 500-1000 employees, 4,000-6,000 pictures submitted
- Past winners: 2016 Palm Beach Public, 2017 Elbridge Gale, 2018 - Elbridge Gale



What's New for Colorweeks This Year?







October Promotions in the Cafe

- Colorweeks
 - Monthly Promotion
 - Weekly Themes
- National Farm to School Month
 - Monthly Promotion
- National School Lunch Week
 - October 14th-18th
 - Theme "What's on Your Playlist? Painting Your Plate with Colorweeks!"







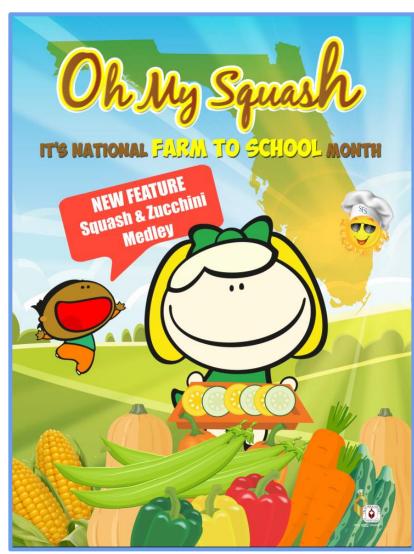
Week 1 (October 1st - 4th) - "The Roots of Your Food" cafeterias across the District will be promoting National Farm to School Month with the release of a new poster design "Oh My Squash" and highlighting the local farms that provide us with fresh Florida produce weekly.

- Friday, October 4th Corn Cobbettes from RC Hatton Farms
- Friday, October 11th Squash & Zucchini Medley from Localecopia
- Friday, October 25th Carrot & Bean Medley from Pero Family Farms









Week 2 (Oct 7th - 11th) - "(New)trients" - the cafeteria will be showcasing a new veggie blend, Yellow Squash and Zucchini, two ways - Roasted and Raw that aligns with the "Oh My Squash" poster and nutrition facts.









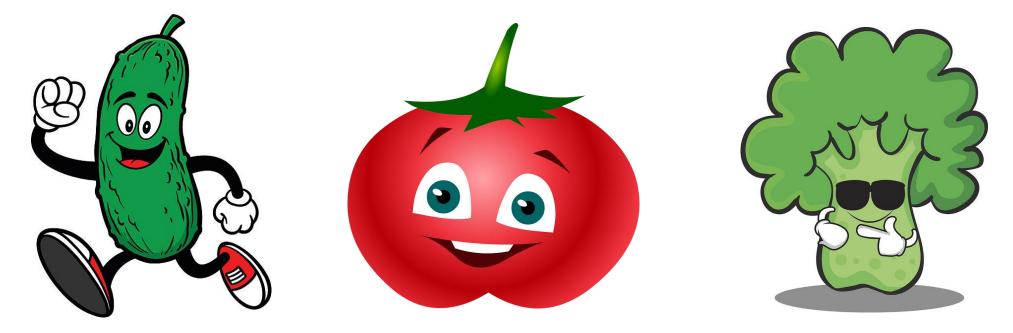
Week 3 (Oct 14th - 17th) - "Color Your World" -

the cafeteria will be introducing a new Fall Harvest Salad mixing vibrant vegetables with festive flavorful fruits. This brightly colored salad includes spring mix, shredded carrots, diced apples and cranberries.





Week 4 (Oct 21st—25th) - "Attack of the Snacks!" - add some "Crunch to Your Lunch" with our new Veggie Crunch Packs, featuring a colorful and fresh combination of sliced cucumbers, grape tomatoes and broccoli florets.







THANK YOU!





PAINT YOUR PLATE WITH COLORWEEKS



SCHOOL FOOD SERVICE King First Providing FOOD For Thought!

STUDENTS

Department of Safe Schools



Dr. April K. Bullard Instructional Specialist The School District of Palm Beach County

MORE OF Everything you Want for Your Child

PALM BEACH COUNTY SCHOOLS Your BEST Choice!

When you were a student, think of time when you were bullied, were a witness to bullying, or assisted another student that was bullied.





- 5 year plan address and align behavioral and social/emotional strategies- active voice
- Pulled District teams together to improve Bullying prevention strategies
 - Major campaign to advertise reporting bullying
 - Numbers increased 300%



How To Report Bullying

See Something. Say Something. Bullying Hotline: 561-434-8200	
a target of bullying, abuse, mistreatment, harassment, threat or intimidation, let us know the name of your school and as as possible. Reporting is not tattling when the intention is to alert the teacher and/or administration of any harmful acts and a school and	NEW Bullying Hotline
Bullying Report Per the Ronas Department of Exposition, bullying is defined as systematically and originality	
Inflicting physical hurt or opychological dartess on one or more students that is server or pervasive enough to create an international, nostic, or offensive environment; or unreasonably interfere with the individual's school performance or periologation.	
If you or someone you know is a target of bullying, let us know the name of your school and as many specifics of the situation as possible.	(561) 434-8200
* Regulad	
Name (Optional) Your answer	
School Name * crosse *	In Person
Contact Information (Optional)	
vour answer	
Describe the bullying situation *	
List any persons involved and their role Your answer	
Have you reported the bullying to anyone?	
If yes, who?	
Your answer	
SJONAT	
Subarr	

The School District of Palm Beach County SB Policy-5.002 Prohibiting Bullying and Harassment Bullying/Harassment Anonymous 101 Incident Report - Drop Box

Accused Name(s) (last, first, initial)	School/ Worksite	Grade/Position	Telephone #/Contact Info.
Victim(s) Name(s) (last, first, initial)	School/Worksite	Grade/Position	Telephone #/Contact Info.
Name of Receiving Principal/Director and/or Supervisor (last, first, initial)	School/Worksite	Date	Telephone #/Contact Info.

When did the incident(s) take place? Date/Day:_____ Time:_____

Where did the incident/things happen?

Please describe in writing, what actually happened, include as much detail as possible.

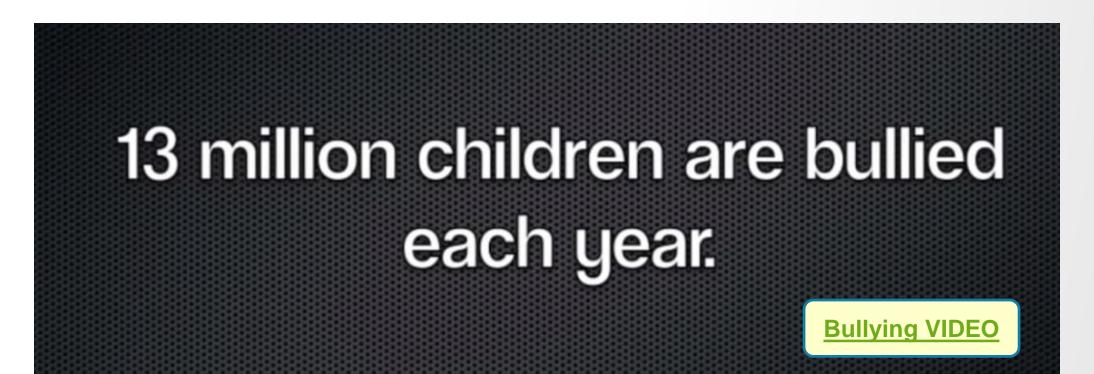
Who witnessed the incident? Please provide as much information about the witnesses as possible.







Can You Identify Anyone In This Video?







High-performing A-rated District





District Hub - Student Safety Management - Safe Schools Chronicles

Bullying Lesson Plans Pre K - 12

Bullying Posters







Department of Safe Schools Contacts

Diane Wyatt, Director

Kelly Mullen Manager (561) 653-5182 PX: 8-5182 **Ruthe Francis** Manager (561) 653-5183 PX: 8-5183 William Durgin Program Planner (561) 653-5186 PX: 8-5186

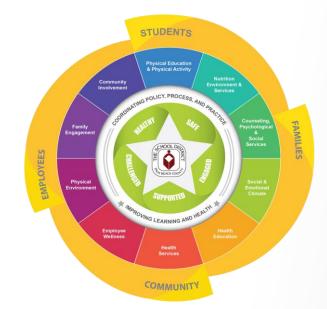
Dr. April K. Bullard Instructional Specialist (561) 653-5185 PX: 8-5185







Awards & Recognition









Healthy School/Well Workplace Award sponsored by Horace Mann presented by Carlye Fabrikant...





PALM BEACH COUNTY SCHOOLS Your BEST Choice!





Healthy School/Well Workplace Awards:

- Crossroads Academy
- Del Prado Elementary
- Everglades Elementary
- Olympic Heights Community High

- Poinciana STEM Elementary
- Spanish River Community High
- South Intensive Transition
- Waters Edge Elementary









Relaxation/Wellness Rooms sponsored by Wells Fargo presented by Carlye Fabrikant...



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WELLS FARGO

Relaxation/Wellness Rooms Awards:

- Hidden Oaks K-8 School
- John I Leonard High
- Marsh Pointe Elementary

- Melaluca Elementary
- Wellington Elementary
- Woodlands Middle









Super Star Recognition Palm Beach County Physical Education presented by Eric Stern...





PALM BEACH COUNTY SCHOOLS

Physical Education & Physical Activity

Super Star Recognition Palm Beach County Physical Education







Marty Miller Physical Education Teacher Boca Raton Community Middle

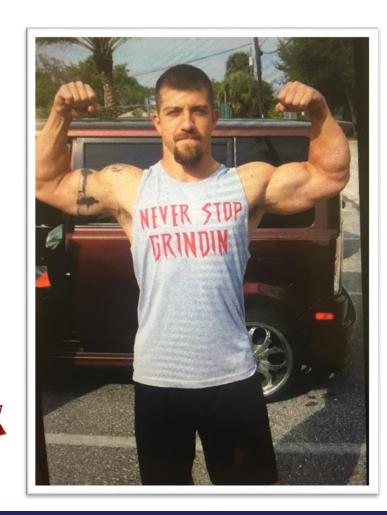
Please PRAY for Marty!



PALM BEACH COUNTY SCHOOLS Your BEST Choice!

Physical Education & Physical Activity

Super Star Recognition Palm Beach County Physical Education







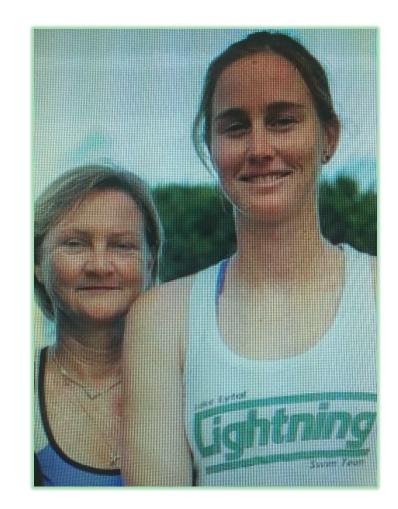
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Michael Fritz Physical Education Teacher Inlet Grove Community High

Physical Education & Physical Activity

Super Star Recognition Palm Beach County Physical Education





Sarah Andrews Physical Education Teacher John I Leonard High



MORE OF

EVERYTHING YOU WANT FOR YOUR CHILD

PALM BEACH COUNTY SCHOOLS Your BEST Choice!







Congratulations!

Pete Stewart, MPH Health Education Specialist

Award Recipient of 2019 Michael Brown Faces of the Community Award

Presented at: Compass' Stonewall Black and White Ball *Harriet Himmel Theatre* June 22, 2019



PALM BEACH COUNTY SCHOOLS Your BEST Choice!











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PALM BEACH COUNTY SCHOOLS Your BEST Choice!

I Say YES!...Global Wellness Day! June 13, 2020







The School District of Palm Beach County, Florida

Keysto Wellness 🖞



Next District's WPTF Meeting:

Part 1...Resource EXPO & Networking 8:00 a.m. – 8:25 a.m.

Thursday, February 27, 2020 8:30 a.m. – 10:30 a.m.

Part 2...Resource EXPO & Networking 10:35 a.m. – 11:00 a.m.

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The School District of Palm Beach County, Florida



Working in Concert to Create a Whole School, Whole Community, Whole Child Culture...

Share Successes Promote Initiatives Advocate for Change Connect with Community Partners







Optimistic Closing... Paula Triana

Wellness Promotion Manager

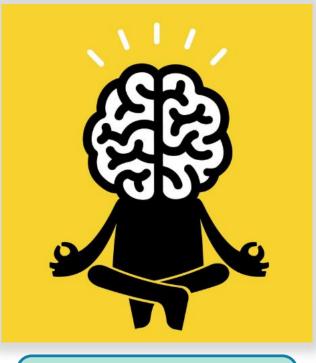




The School District of Palm Beach County, Florida KeystoWellness⁹

Jahmaal Hays Eastern Vibration

jahmaal@easternvibration.com Closing Minute of Mindfulness





Eastern Vibration





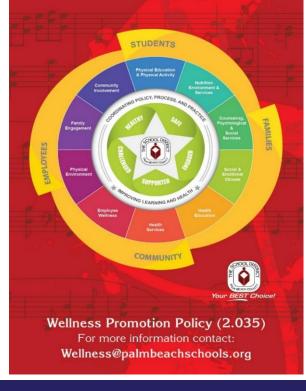
PALM BEACH COUNTY SCHOOLS Your BEST Choice! /

W

The School District of Palm Beach County

Working in Concert to Create a Whole School, Whole Community, Whole Child Culture...

A Symphony of Services Improving Learning and Health



For all you are For all you do



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